



## ImPACT concussion testing program

Heartland Orthopedic Specialists Sports Medicine is proud to offer ImPACT concussion testing for area athletes. Student-athletes who participate in a school sponsored high risk sport from the following schools will receive baseline and post-concussion testing free of charge (compliments of the school's athletic department):

- Alexandria Jefferson
- Osakis
- West Central Area
- Brandon-Evansville
- Minnewaska Area
- Parkers Prairie

Athletes who are not a participant of a school sponsored sport or attend another school not listed above still have the opportunity to receive ImPACT baseline and Post-Concussion tests.

### *Baseline Test - \$25:*

- Good for 2 years, and results are kept on file indefinitely.
- Used as a reference should the athlete sustain a concussion at a later date.

### *Post-Concussion Test(s) - \$30 each:*

- Follow-up concussive care from a Certified Athletic Trainer from initial visit until the athlete returns to play.
- Post-concussion test administered once athlete is symptom free, results compared to baseline if available or ImPACT normative data.
- Parents and athletes will be comforted knowing that the athlete will return to competition/practice only when it is safe, with the use of return to play guidelines which are set in the Sports Medicine protocol.
- Post-concussive test results will be kept on file for comparisons if future concussions occur.

To set up an appointment for ImPACT concussion testing or if you have any further questions regarding ImPACT please contact the Heartland Orthopedic Specialists Sports Medicine at 320-335-6078.